#TheNetBenefit

When everyone has a safe place to call home, we all benefit.

When our neighbors have a safe, affordable place to call home, they have the stability and protection to focus on their well-being and are less likely to have unmet health needs. Housing plays a critical role in our physical, mental, and emotional health; and, it helps Missourians lift themselves out of poverty, find new opportunities, and improve their lives.



"Having a roof over my head means a lot now because people don't think about that stuff until it's gone."



"If you're not getting food and shelter and if you don't feel safe, how can you think about things like, 'Do I want to go back to school and get my degree? Where do I see myself in five years?"" – Ashley, Rolla



"I just try to help people get back on their feet. We provide people who are experiencing homelessness with a shower, a place to wash and store their clothes, computers in case they want to look for a job."



Housing Choice Voucher

Individuals are able to rent privately owned units through this program funded by the federal department of Housing and Urban Development (HUD) and administered by local Public Housing Agencies (PHAs). Participants pay up to 40 percent of their adjusted gross income toward rent based on the local Fair Market Rent.

Shelter Plus Care Vouchers

Participants pay up to 30 percent of their income for housing and simultaneously receive supportive services, such as employment assistance. Administered by the Missouri Department of Mental Health, this program helps individuals who meet HUD's definition of homeless, have a disability, and have a household income 50 percent or less than the area's median income. Seventy-five percent of these households have children.



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Local Services

Local shelters and volunteers make up a crucial network of housing support across Missouri. Many are supported by state and federal programs to ensure our neighbors have access to safe, affordable housing in times of need.

We've seen the difference a safe, affordable home can make in the lives of Missourians. For example, we are working with the Columbia Housing Authority to combat homelessness among veterans and improve their quality of life. Early findings show that when veterans have a roof over their heads, their health improves and they require fewer social services.



Missouri Foundation for **Health** a catalyst for change

Read our stories. And share your own. TheNetBenefit.org