#TheNetBenefit

When we look out for one another, we all benefit.

Our communities are only as strong as our people. Our families, friends, and neighbors need access to **food, shelter, health care, and economic support** to lead healthy lives. It’s true no matter who you are or where you live.

**When Missourians have the essentials for their well-being, they can live up to their potential and bring limitless value to our communities and our state.**

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**Food**

When Missourians have access to enough nutritious food, they have the fuel they need to attend school prepared to learn, go to their jobs ready to be productive, and maintain their health as they age.

- Food Stamp Program, known as the Supplemental Nutrition Assistance Program (SNAP), Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

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**Shelter**

Individuals and families can create stability, find new opportunities, and improve their lives when they have the protection that a home provides.

- Housing assistance, including the Housing Choice Voucher program

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**Health Care**

Access to health coverage through Medicaid and CHIP gives children the support they need to grow and thrive, helps older adults stay in their homes, and makes care affordable for people with disabilities.

- Medicaid (MO HealthNet), Children’s Health Insurance Program (CHIP)

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**Economic Support**

For Missourians most in need, direct economic support offers a crucial lifeline. These programs help many older adults and people with disabilities cover the basics, like food and utilities.

- Temporary Assistance for Needy Families (TANF), Supplemental Security Income (SSI) and disability, Earned Income Tax Credit (EITC)

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**More than 1 million Missourians** – including 250,000 children – count on state and federal programs.

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“**To be successful in life means that you did the right thing to help people.**”

- Trey R., Portageville

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**Read our stories. And share your own.**

TheNetBenefit.org