

- Walk/ bike/ roll to school
- Health fair
- Field trip
- Provision of healthy meals
- Wellness challenge
- Candy buy back



110 Walk/run

Walking/ 102 running club

- 77 Fitness club
- **Brain Breaks** 15
- Before/after school 14 physical activity

PROGRAMS

- 11 Walking School Bus
- Double dutch 10
 - **Breakfast**



Cooking Classes 95



PRACTICES

Go Noodle/

Brain Breaks

celebrations

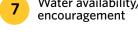
Healthy

33

18

- Vending
- Water availability/ encouragement



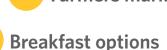






Farmers market

- Healthy 15 reward
- Changes to snack offerings





20 School Wellness Policy

- MOUs regarding 14 use of spaces
- Concessions policy

n=170

- Complete Streets
- Joint use/land use agreement
- Water policy
- Vending

ENVIRONMENTAL CHANGES



- Water bottles/ 55 filling stations
- **Facilities** improvements
- **Gardens**



- 26 **Fitness stations**
- Playground equipment
- 23 Infrastructure
- Salad or 21 fruit bar
- Bike racks/ 18 lanes
- Walking trail/ 15 improvements

Equipment (playground, classroom, gym)